FORM 21  
(Prescribed under Rule 140)

NOTICE OF PERIODS OF WORK FOR ADULT

Name of factory ………………………. Place ………………………. District
………………………………

<table>
<thead>
<tr>
<th>Periods of works group</th>
<th>Men</th>
<th></th>
<th></th>
<th></th>
<th></th>
<th>Women</th>
<th></th>
<th></th>
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<th></th>
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<tbody>
<tr>
<td></td>
<td>A</td>
<td>B</td>
<td>C</td>
<td>D</td>
<td></td>
<td>A</td>
<td>B</td>
<td>C</td>
<td>D</td>
<td></td>
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<td>1,2,3</td>
<td>1,2,3</td>
<td>1,2,3</td>
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<td>1,2</td>
<td>1,2,3</td>
<td>1,2,3</td>
<td>1,2,3</td>
<td></td>
</tr>
</tbody>
</table>

Relays

On Working

From – To –

From – To –

From – To –

On partial working days

From – To -

From – To -

Remarks

Date on which this notice is first exhibited:  

……………………

……………………

(Signature of Manager)